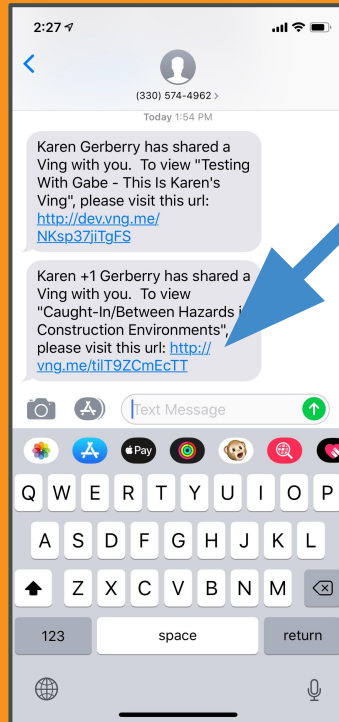


How To View A Ving

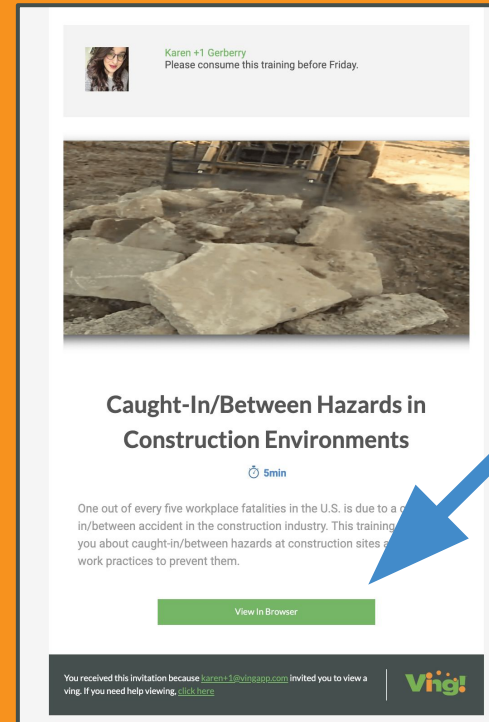
Created By Ving Success

First click on the link or button in the invitation.

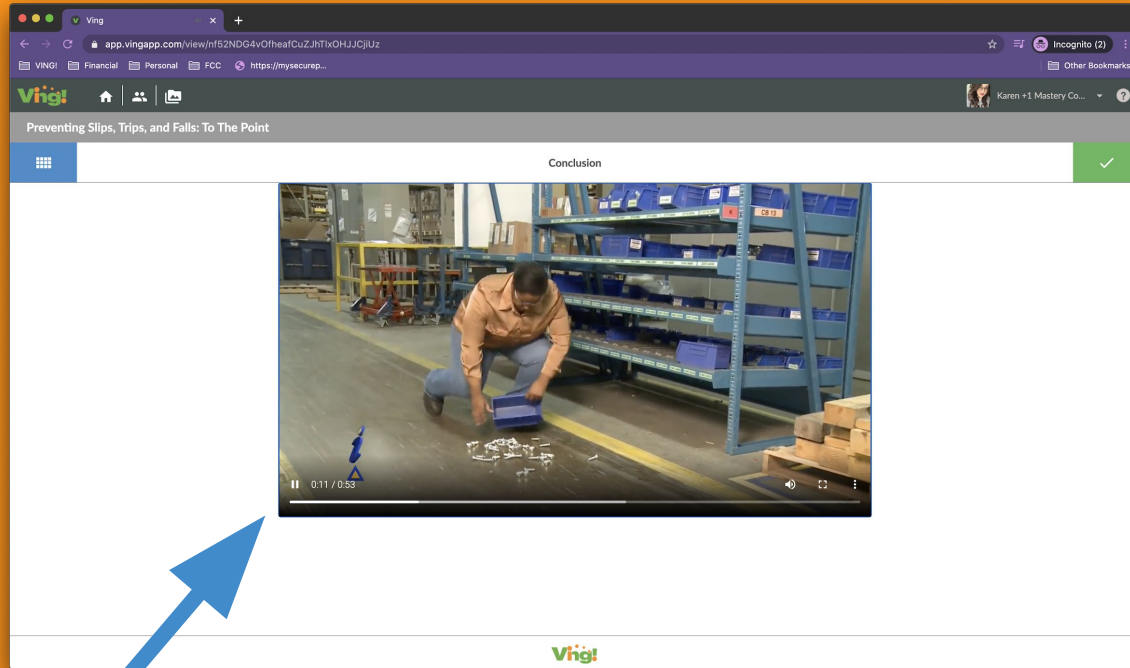
Phone



Email



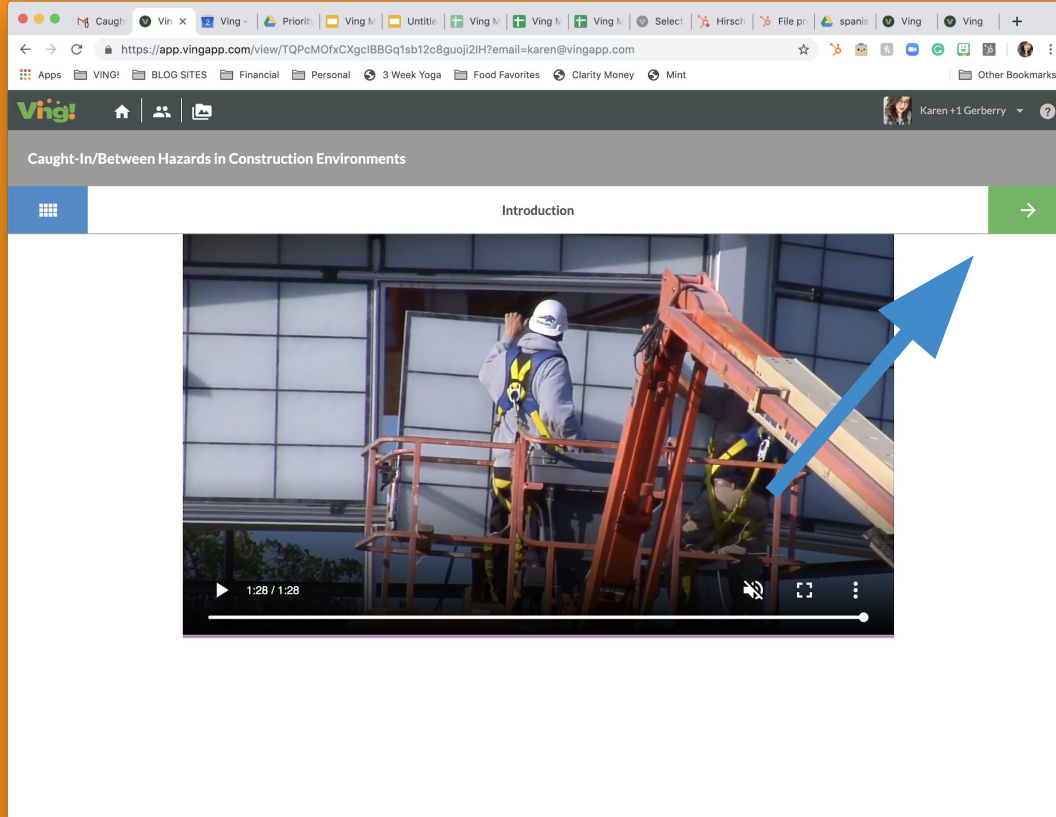
Now that your account is verified you can start viewing! When viewing a video click the play button.



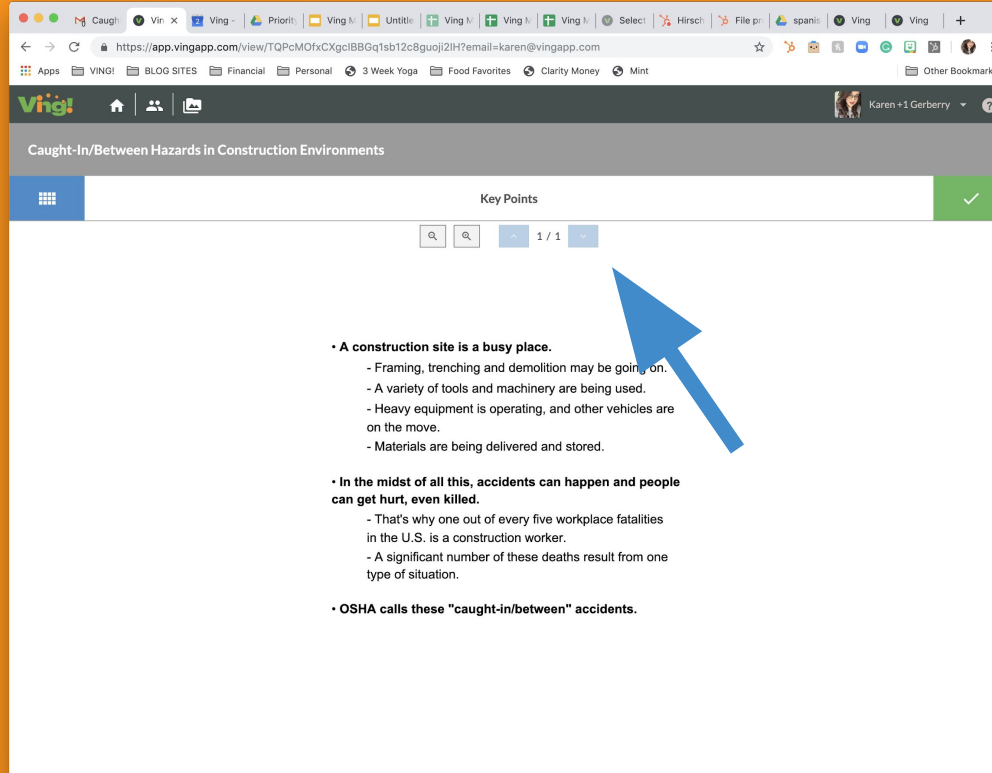
When you see a green progress circle you must complete the component you are on to 90% before being able to move on.

A screenshot of a web browser displaying a course titled "Caught-In/Between Hazards in Construction Environments" on the VING! platform. The course is currently on the "Introduction" module, which is 45% complete, as indicated by a green progress circle in the top right corner of the module header. A blue arrow points from the 45% progress indicator towards the main content area, which features a photograph of a worker in a green jacket and light-colored pants operating a yellow Vermeer LM42 trencher. The worker is standing next to a large black tire and a white vertical post. The background shows a blue metal building.

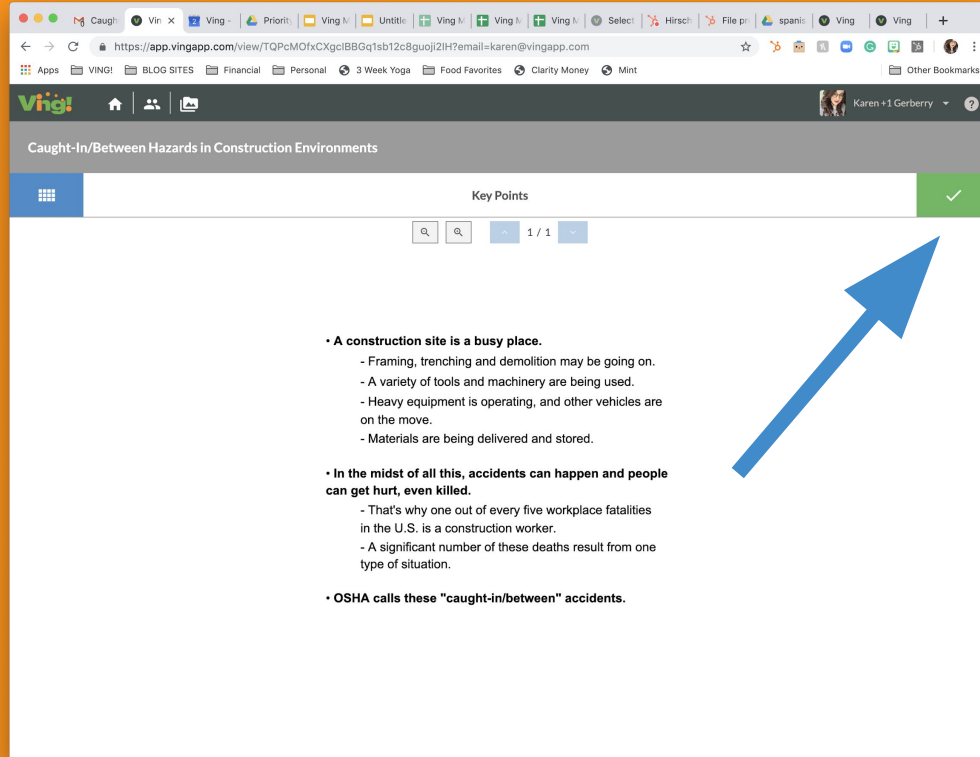
Clicking the next arrow allows you to navigate to the next component.



When viewing PDFs, you can flip through pages by clicking the arrows here.



A done check mark will appear when you are finished viewing the ving.



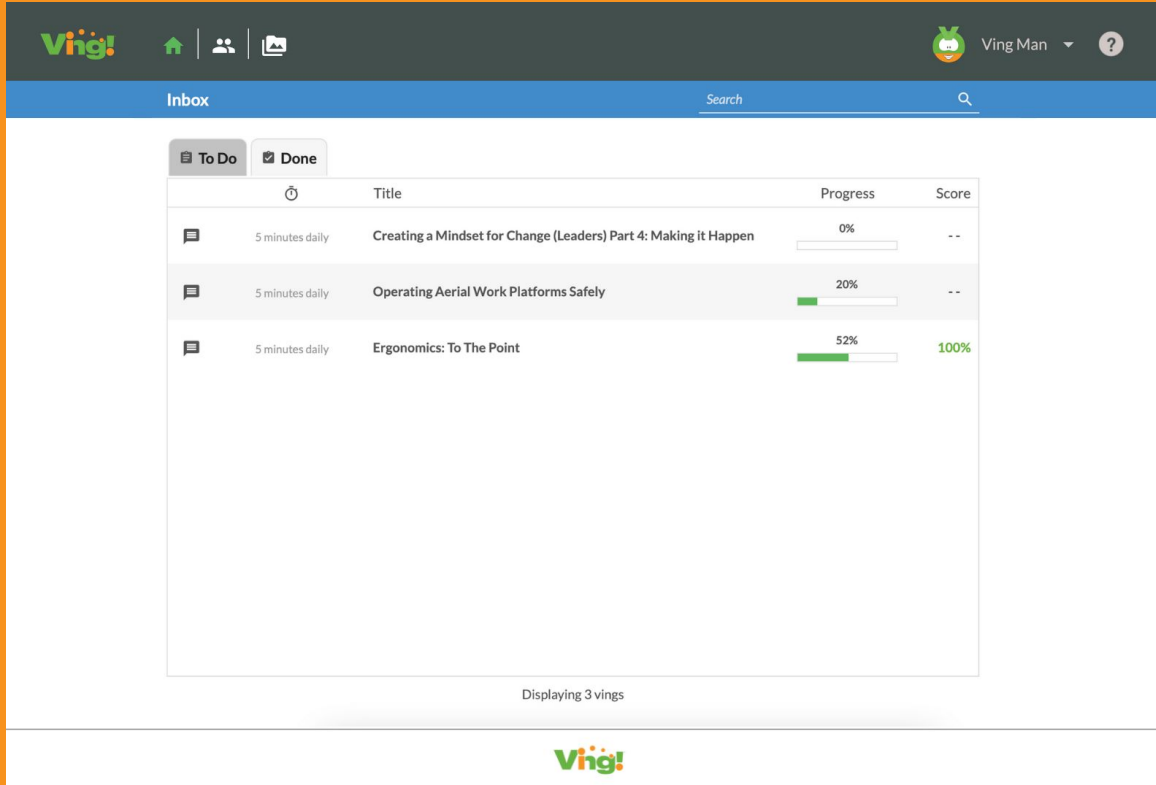
Caught-In/Between Hazards in Construction Environments

Key Points

1 / 1

- **A construction site is a busy place.**
 - Framing, trenching and demolition may be going on.
 - A variety of tools and machinery are being used.
 - Heavy equipment is operating, and other vehicles are on the move.
 - Materials are being delivered and stored.
- **In the midst of all this, accidents can happen and people can get hurt, even killed.**
 - That's why one out of every five workplace fatalities in the U.S. is a construction worker.
 - A significant number of these deaths result from one type of situation.
- **OSHA calls these "caught-in/between" accidents.**

Once you are done consuming a ving you will be navigated to your inbox. Here you can see anything you need to do, your progress, and score.



The screenshot displays the Ving! 'Inbox' interface. At the top, there is a dark navigation bar with the Ving! logo, home, user, and document icons, and a user profile section for 'Ving Man'. Below this is a blue header bar with the word 'Inbox' and a search bar. The main content area features two tabs: 'To Do' (active) and 'Done'. A table lists three tasks, each with a 5-minute daily duration. The tasks are 'Creating a Mindset for Change (Leaders) Part 4: Making it Happen' (0% progress), 'Operating Aerial Work Platforms Safely' (20% progress), and 'Ergonomics: To The Point' (52% progress). The 'Ergonomics' task has a score of 100%. At the bottom, it says 'Displaying 3 vings'.

	🕒	Title	Progress	Score
🗨	5 minutes daily	Creating a Mindset for Change (Leaders) Part 4: Making it Happen	0%	--
🗨	5 minutes daily	Operating Aerial Work Platforms Safely	20%	--
🗨	5 minutes daily	Ergonomics: To The Point	52%	100%

Displaying 3 vings

If you are not logged in you will be navigated to a screen that tells you are done.

